Infection Prevention and You

You are an important part of infection prevention!

- If you are having surgery, ask if you should shower with a germ-killing soap ahead of time.
- Take medications as directed.
- Ask about safe injection practices. Remember: One Needle, One Syringe, only One Time.
- Speak up for your care!
- Clean your hands and make sure everyone around you does too.
- Sneeze and cough into your elbow, not your hand.
- Every day, ask if you still need your catheter.
- If your room looks dirty, ask to have it cleaned.

www.apic.org/InfectionPreventionandYou
© 2014 Association for Professionals in Infection Control and Epidemiology
To help APIC members gear up for **International Infection Prevention Week 2014, October 19 -25**, APIC has provided these patient safety fliers to educate patients and families on their roles in infection prevention.

Visit APIC’s webpage [www.apic.org/InfectionPreventionAndYou](http://www.apic.org/InfectionPreventionAndYou) to access tools and resources to get the word out to patients and healthcare workers within your healthcare organization. Here are a few simple things you can do:

1. Place this infographic poster in a patient care area.

2. “Like” the consumer-focused APIC—Infection Prevention and You Facebook page ([www.facebook.com/APICInfectionPreventionAndYou](http://www.facebook.com/APICInfectionPreventionAndYou))

3. Include a link to the Infection Prevention and You consumer web page on your Facebook wall or Twitter post.